



FISU Healthy Campus



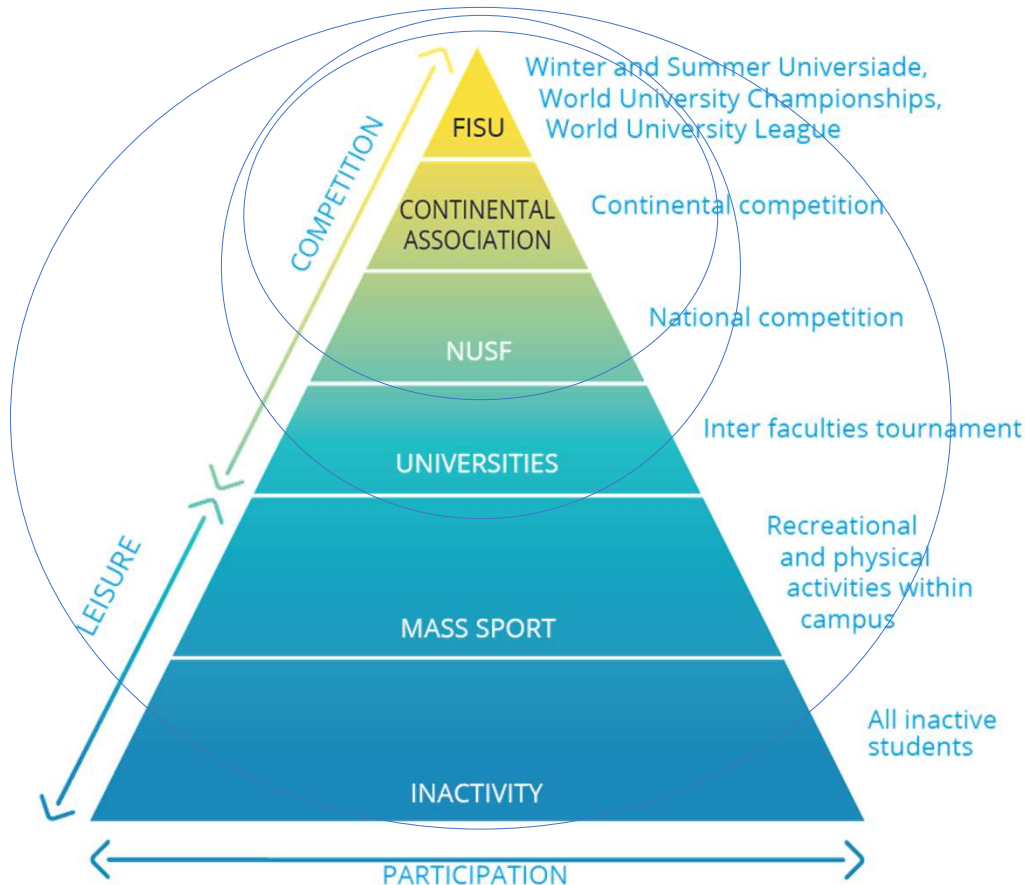


FISU Healthy Campus



“Healthy Campus, innovation on Well-Being for the Campus Communities”

Motivation



Increase FISU's **activity and development** in the University Sports Movement pyramid

Enhance students' **well-being** in all aspects



Alignment with the FISU Strategy

... FISU has a mission to act: *“for the health and well-being of students”* ...



INTERNATIONAL
UNIVERSITY
SPORTS
FEDERATION

FISU Healthy Campus

Participating universities and countries



104 Uni. registered

47 Certifications

33 Countries



4.000.000
potential audience



More than one million-member
campus community reached!

- Africa
- America
- Asia
- Europe
- Oceania

FISU HEALTHY CAMPUS LABEL

Spread across seven domains:

- Health
- Environment
- Research and innovation
- Art and culture
- Accessibility, usability and inclusiveness
- Physical and digital infrastructure
- Leadership and governance

Why should your university participate?

- Improve your overall performance
- Share knowledge and good practices with other higher education institutions from all around the world.
- Access to FISU's extensive network of experts and resources
- Participate in FISU's various events and activities
- Benefit from FISU's marketing and communication campaigns
- Access to FISU's extensive network of experts and resources
- Participate in FISU's various events and activities
- Benefit from FISU's marketing and communication campaigns

Healthy Campus 9-stop process

1. Register
2. Self-assessment
3. Gap analysis
4. Action plan
5. Implementation
6. Monitoring and evaluation
7. Certification
8. Maintenance
9. Renewal

How can universities register and participate in the FISU Healthy Campus programme?

Visit www.fishuhealthy.com or contact us at info@fishuhealthy.com

"We joined the programme because its guiding document integrates all the FISU Healthy Campus performance standards, which we believe will benefit our outcomes. Our involvement will also allow us to share knowledge and good practices with other higher education institutions from all around the world."

Professor Amílcar Falcão, Rector, University of Coimbra

- Develop and improve health and well-being of students and the campus communities in general
- Certify universities in the scope of well-being with an international label
- Best practices global sharing with all universities regarding the Healthy Campus scope



7 Healthy Campus dimensions





HEALTHY CAMPUS STANDARD



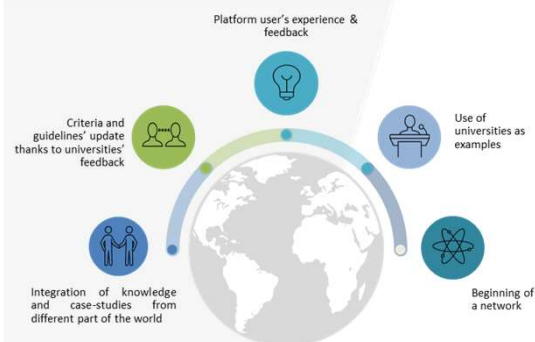
QUARTIER UNIL | BÂTIMENT SYNATHLON
CH-3015 LAUSANNE | SWITZERLAND
TEL: +41 21 692 6400
fisu@fisu.net | www.fisu.net | www.fisu.tv

DEPARTMENT
HEALTHY CAMPUS AND
UNIVERSITIES RELATIONS
RELEASE DATE
MAY 2020



7 pilot universities

- Peking University, China
- University of Lausanne, Switzerland
- University of Western Australia, Australia
- University of Johannesburg, South Africa
- University of Turin, Italy
- RUDN University, Russia
- National University of La Matanza, Argentina



LIST OF EXPERTS

The following experts participated in the elaboration of this standardisation scheme

Name	First Name	Country	Organisation
Baldwin	Mark	The Netherlands	Utrecht University
Bazavluk	Sergey V.	Russia	RUDN Moscow
Capranica	Laura	Italy	Università degli Studi di Roma "Foro Italico"
Carty	Catherine	Ireland	Institute of technology Tralee
Carvalho	Joana	Portugal	Universidade do Porto
Dalrymple	Alistair	France	Evaleo Association
Dumon	Detlef	Germany	ICSSPE
Farpour-Lambert	Nathalie	Switzerland	European Association for the Study of Obesity
Fitzpatrick	Ian	Australia	University Western Australia, Sport department
Gordin	Emiliano	Argentina	Federación del Deporte Universitario Argentino
Gross	Michael	Switzerland	Evaleo Association
Hogg	Conrad	Australia	UWA Student Guild
Lafin	Mike	United Kingdom	Global Sports Strategies
Luttik	Joke	Netherlands	Wageningen University & Research
Lynen	Peter	Germany	RWTH Aachen University
Machado	Paulo	Portugal	University of Minho
Mahlangu	Nomsa	South Africa	University of Johannesburg
Matthey	Sonia	Switzerland	Université de Lausanne
Meszmer	Gabriel	Switzerland	Evaleo Association
Montiel	Pedro	Spain	Universidad de Málaga
O'Sullivan	Erin	USA	NIRSA: Leaders in Collegiate Recreation
Parker	Mel	United Kingdom	Middlesex University
Petrucci	Sandro	Italy	Università Degli Studi di Torino
Schischlik	Alexander	France	UNESCO
Watts	Pam	USA	NIRSA: Leaders in Collegiate Recreation
Willumsen	Juana	Geneva	WHO, World Health Organization
Yonemura	Akemi	France	UNESCO
Zhonghui	He	China	University of Peking



The 100 criteria are divided into....

LIST OF EXPERTS

The following experts participated in the elaboration of this standard

Name	First Name	Country	Org
Baldwin	Mark	The Netherlands	Utr
Bazavluk	Sergey V.	Russia	RU
Capranica	Laura	Italy	U
Carty	Catherine	Ireland	I
Carvalho	Joana	Portugal	
Dalrymple	Alister	France	
Dumon	Dedief	Germany	
Farpour-Lambert	Nathalie	Switzerland	
Fitzpatrick	Ian	Australia	
Gerdin	Emiliano	Argentina	
Gross	Michael	Switzerland	
Hogg	Conrad	Australia	
Lafin	Mike	United Kingd	
Luttk	Joke	Netherlands	
Lynen	Peter	Germany	
Machado	Paulo	Portugal	
Mahlangu	Nomsa	South Af	
Matthey	Sonia	Switzer	
Mepamer	Gabriel	Spain	
Mohr	Pedro	USA	
O'Sullivan	Erin	Ur	
Parker	Mel	Ir	
Petruzzi	Sandro	Italy	
Schlichik	Alexander		
Watt	Pam		
Wilumsen	Juana		
Yonemura	Akemi		
Zhonghui	He		

- 2.1. Healthy Campus management (33 criteria)
 - 2.1.1. Context, literature and needs (4 criteria);
 - 2.1.2. Leadership (4 criteria);
 - 2.1.3. Vision strategy and action plan (3 criteria);
 - 2.1.4. Role, responsibilities (3 criteria);
 - 2.1.5. Resources (3 criteria);
 - 2.1.6. Communication (2 criteria);
 - 2.1.7. Stakeholders and network (4 criteria);
 - 2.1.8. Events, programmes and services (5 criteria);
 - 2.1.9. Evaluation and improvement (5 criteria);
- 2.2. Physical activity and sport (33 criteria);
- 2.3. Nutrition (8 criteria);
- 2.4. Disease prevention (7 criteria);
- 2.5. Mental and social health (8 criteria);
- 2.6. Risk behaviour (5 criteria);
- 2.7. Environment, sustainability & social responsibility (6 criteria).

5.2. Physical Activity and Sport



Criteria

54	The university promotes its physical activities and sports to alumni of the university.
55	The university organises or collaborates with partners in the organisation of sports events open to the local community.
56	The university organises sports competition within the university.
57	The university or its clubs/students participate(s) at least in one sport in a national university sports competition.
58	The university organises and participates in the organisation of national or international sports events or championships.
59	The university shall use these events as catalyst for the implementation of the Healthy Campus approach and, more generally, healthy lifestyle related activities and programmes.
60	The university offers a dual career programme.
61	The university develops volunteer programmes to support events and sports activities.
62	The university validates the physical activity and sport participation of its students with the attribution of an extracurricular mention on the academic diploma/supplement or integrates sports into the academic curriculum.
63	The university offers outdoor activities (mountain, forest, river, beach, parks).
64	The university promotes and safeguards traditional games and sports.
65	The university offers activities to promote the values of physical activity and sport activity to the campus community.
66	The university applied in the last 3 years for at least one external financial support programme in the field of physical activity and sport.

5.3. Nutrition

Criteria	Evidences
67 The university shall name a person (commission) responsible for food.	
68 The university shall provide among nutrition catering services and meals to the campus community.	
69 The catering service of the university shall provide the ingredients and nutrients in its catering services regarding the most common allergens.	
70 The catering service of the university shall provide meals at affordable prices, at least one with the same price or even cheaper than other options.	
71 Free drinking water stations are available on campus.	
72 The university provides nutrition education to the campus community.	
73 The university shall pursue strategies to reduce the environmental impact of food services and meals.	
74 The university ensures that the vendors offer quality products with good nutritional value.	

5.4. Disease prevention

Criteria	Evidences
75 The university shall plan, implement and evaluate strategies to reduce the risk of non-communicable diseases.	
76 The university organizes at least one programme in terms of non-communicable disease prevention.	
77 The university promotes or informs about the benefits of medical check-ups and if relevant complement medical check-ups at affordable prices for students.	
78 The university promotes or informs about the benefits of medical check-ups and if relevant complement medical check-ups at affordable prices for students.	
79 The university organizes a communicable disease prevention programme at least once a year.	Programme or the training session (70, 70, 71, 76, 77, 80, 81) Others (75, 76, 77, 78, 79, 80, 81) List of Products (69, 74)
80 The university provides communicable disease (HIV, etc.) support services.	Information in the dining halls/spaces, or in the entrances (69, 74)
81 The university promotes or informs about the benefits of medical check-ups and if relevant complement medical check-ups at affordable prices for students.	Others (67, 68, 69, 70, 71, 72, 73, 74)

5.5. Mental and social health

Criteria	Evidences
82 The university disseminates information about mental and social health to the campus community.	Activity plan (82, 83, 84, 85, 86, 87, 88, 89) Strategic plan (82, 83, 84, 85, 86, 87, 88, 89)
83 The university offers channels about mental and social health to the campus community.	
84 The university shall offer the signs of discomfort and commitment of volunteer staff.	
85 The university offers academic skills training for students and also has clear referral forms of support, including mental health.	
86 The university disseminates information about mental and social health to the campus community.	
87 The university identifies opportunities regarding mental and social health to the campus community.	
88 Before and during the programme, the university organizes adapted activities and relaxation.	
89 The university promotes or counsels for mental health to the campus community.	

5.6. Risk behaviour

Criteria	Evidences
90 The university determines applicable rules regarding alcohol, drugs, doping and tobacco issues.	Activity plan (90, 91, 92, 93, 94) Strategic plan (90, 91, 92, 93, 94)
91 The university organizes prevention programmes in terms of alcohol, drugs, doping and tobacco.	Report (90, 91, 92, 93, 94) Official Website (90, 91, 92, 93, 94) Official Social Network (90, 91, 92, 93, 94) Risk Behaviour prevention plan (90, 91, 92, 93, 94)
92 The university organizes use of doping.	
93 The university informs about health promotion.	
94 The university organizes bullying and violence to discriminated.	

5.7. Environment, sustainability & social responsibility

Criteria	Evidences
95 The university shall adopt and implement a policy and information to ensure the campus environment is accessible to the whole campus community (including users of wheelchairs, bicycles, scooters, skates, roller skates).	Activity plan (95,96, 97, 98, 99, 100) Strategic plan (95,96, 97, 98, 99, 100) Report (95,96, 97, 98, 99, 100) Official Website (95,96, 97, 98, 99, 100)
96 The university shall develop partnership plan with external stakeholders to implement social responsibility activities and promote social inclusion and cohesion.	Official Social Network (95,96, 97, 98, 99, 100) Mobility plan (95) Stakeholders list (96)
97 The university should implement a communication policy for the campus community promoting a friendly environmental travel from home to the university and the mobility inside the campus.	Social responsibility plan (96) Sustainability plan (99) Map of locations (95, 98) Photo (95, 96) Film (95, 96)
98 The university shall plan, implement, evaluate and improve specific actions to reduce its environmental impact and increase the attractive green spaces (parks and sports fields as well as woods and natural meadows) and blue spaces (campus design for visible water: lakes and ponds, fountains, swimming pools) of its campus.	News (95,96, 97, 98, 99, 100) Others (95,96, 97, 98, 99, 100)
99 The university shall plan, implement and evaluate specific actions to improve the sustainability and use of infrastructure and resources.	
100 The university shall plan, implement, evaluate and improve specific actions to reduce the energy consumption of facilities and avoid waste as much as possible.	



Log in [Sign up](#)

Email address
f.parente@fisu.net

Password
●●●●●●●●

LOG IN

[Forgotten password](#)



Dashboard > FISU Healthy Campus

UNIVERSITIES
104

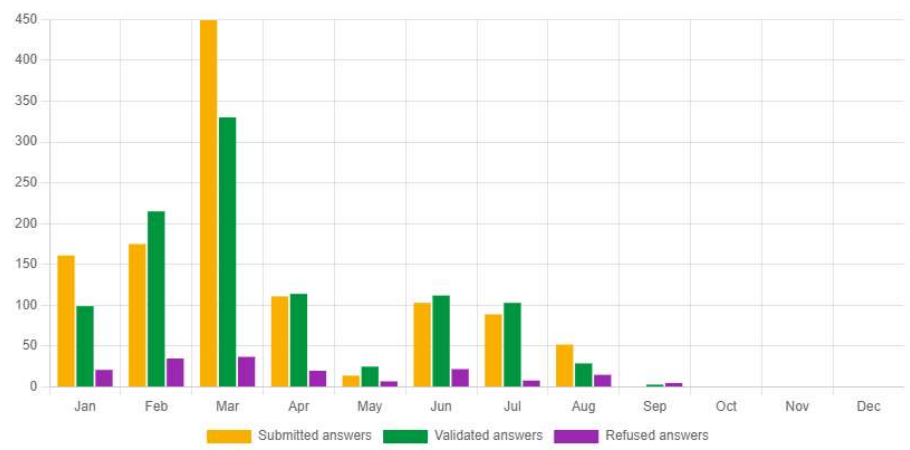
CERTIFICATIONS
47

PENDING CRITERIA
3

PENDING REGISTRATIONS
31

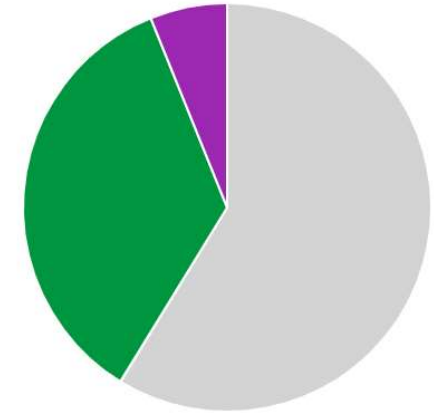
Activities

Year
2022 SEARCH



Month	Submitted	Validated	Refused
January	161	99	21
February	175	215	35

Criteria metrics



Status	Quantity
Not answered	6109
Submitted answers	3
Validated answers	3653

FISU HEALTHY CAMPUS sidebar navigation menu with icons for home, list, and other functions.

University directory > King's College London - The Strand



King's College London - The Strand

University
King's College London

Campus name
The Strand

University name in English
King's College london

Campus name in English
The Strand

Website
https://www.kcl.ac.uk/

Assigned auditor

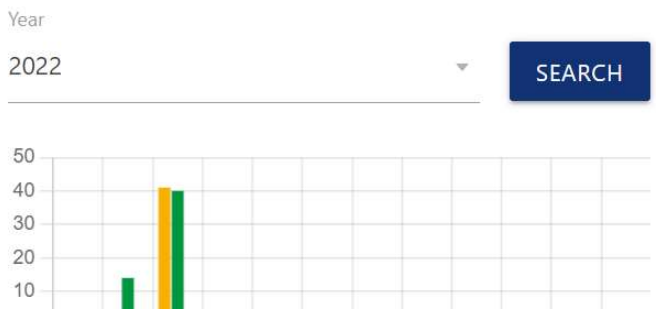
- SUMMARY
- INFORMATION
- USERS
- CERTIFICATION
- REPORTS
- NOTIFICATIONS

CURRENT CERTIFICATION
Healthy Campus - Platinum

VALIDATED CRITERIA
100

PARTICIPANT SINCE
Mar 26, 2021

University activities



Criteria in figures





🏢 5

Trinity Col...

King's Coll...

Murdoch ...

Sisekaitse...

Waterford...



#54	The university promotes its physical activities and sports to alumni of the university.	Validated answer	☆ 👁
#55	The university organises or collaborates with partners in the organisation of sports events open to the local community.	Validated answer	☆ 👁
#56	The university organises sports competition within the university.	Validated answer	☆ 👁
#57	The university or its clubs/students participate(s) at least in one sport in a national university sports competition.	Validated answer	☆ 👁
#58	The university organises and participates in the organisation of national or international sports events or championships.	Validated answer	☆ 👁
#59	The university shall use these events as catalyst for the implementation of the Healthy Campus approach and, more generally, healthy lifestyle related activities and programmes.	Not answered	
#60	The university offers a dual career programme.	Validated answer	☆ 👁
#61	The university develops volunteer programmes to support events and sports activities.	Validated answer	☆ 👁



#56 The university organises sports competition within the university.

Validated answer

Supporting document	Description	File	Version	Updated at	By	Status	Actions
Activity plan						Missing	
Film						Missing	
News						Missing	
Official Social Network						Missing	
Official Website						Missing	
Other/Comments						Missing	
Photos						Missing	
Physical Activity and Sport Plan						Missing	
Programmes						Missing	

Validated answer

Validated answer

Not answered

Validated answer

Validated answer

Validated answer

The university offers outdoor activities (mountain, forest, river, beach

Validated

#55

The university organises or collaborates with partners in the organisation of sports events open to the local community.

Validated answer

#56 - Details of the answer for the criterion The university organises sports competition within the university.

Questionnaire

Your answer

We run a number of competitions on campus, though we tend to incorporate them under two main headings:

1. General social sports (open to all, mostly students register): <https://www.murdoch.edu.au/murdoch-sports/sports/social-sports>
2. Staff Games (staff only): (see picture for confirmation of 2020 events)

File upload



Staff Games Recap.jpg



Social Sport S1 2021 v2.pdf



Validated answer

Validated answer

Validated answer

Not answered

Validated answer

Validated answer

Validated answer

academic diploma/supplement or integrates sports into the academic

social sport



at murdoch

Weekly social competitions are available in:

- Mixed Netball (Monday)
- Mixed Ultimate (Tuesday)
- Men's/Women's 3v3 Basketball (Tuesday)
- Mixed Touch Rugby (Thursday)

Games begin the week of March 8th and we welcome registrations from both teams and individuals.

For more info and to get a registration form, email sports@murdoch.edu.au or go to the Sports and Rec Centre (415) before March 4th.



MURDOCH SPORTS

For more info on social sport scan the QR code below or go to:

<https://www.murdoch.edu.au/murdoch-sports/>

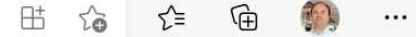


Find us on  @vikingsmurdoch



Programmes

port/admin/fisu-admin/universities/university/4/sheet



#56 The university organises sports competition within the university.

By	Status	Actions
	Missing	
	Missing	
	Missing	
	Missing	
	Missing	
	Missing	
	Missing	
	Missing	
	Missing	
	Missing	

Validated answer

Validated answer

Validated answer

Not answered

Validated answer

Validated answer

Validated answer

Validated



Universita...

ISCTE - Un...

University ...

University ...

Murdoch ...



#55

The university organises or collaborates with partners in the organisation of sports events open to the local community.

Validated answer

#60 - Details of the answer for the criterion The university offers a dual career programme.

Questionnaire

Your answer

Murdoch has an Elite Athlete Program that assists high level athletes complete their studies through a range of study accommodations and support services. The website can be found here:

<https://www.murdoch.edu.au/life-at-murdoch/support-services/student-support-programs/elite-athlete-program>

We are recognised for this work by the Australian Institute of Sport's Elite Athlete Friendly University program. More details here and evidence of recognition here: <https://www.ais.gov.au/career-and-education/eaen/university#wa>

File upload

Evidences library

Supporting document	Description	File	Version	Updated at	By	Status	Actions
---------------------	-------------	------	---------	------------	----	--------	---------

Activity plan

Missing

academic diploma/supplement or integrates sports into the academic

Validated answer

Validated answer

Validated answer

Not answered

Validated answer

Validated answer

Validated answer

Elite Athlete Program



FISU HEALTHY CAMPUS

Home

5









Liverpool ...

The Unive...

Instituto P...

King's Coll...

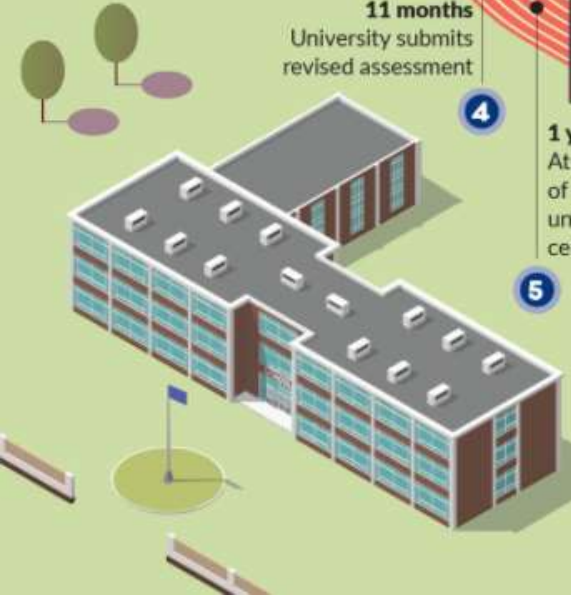
Universida...

	Universitat Autònoma de Barcelona	Plaça Acadèmica, - 08193 Bellaterra Spain	https://www.uab.cat/		Healthy Campus - Gold	Jun 2, 2020
	Universität Luzern	Sentimatt, 1 - 6003 Lucerne Switzerland	https://www.unilu.ch/en/		Healthy Campus - Platinum	Jul 14, 2020
	Université de Genève - Université de Genève	Rue de Candolle, 4 - 1205 Genève Switzerland	https://www.unige.ch/		Healthy Campus - Platinum	Dec 1, 2020
	Université de Lausanne - UNIL - Dorigny	Route Cantonale, - 1015 Lausanne Switzerland	https://www.unil.ch/		Healthy Campus - Platinum	Oct 8, 2020

Healthy Campus 9-step process



Healthy Campus





3. The universities will be ranked according to their score with respect to the criteria, which will be called "Label Status":
 - 3.1. During the first year of joining the programme, the university receives the status of Certified if it has more than 39 validated criteria:
 - 3.2. After the second year in the programme, the university receives the following status depending on the number of validated criteria
 - 3.2.1. Certified: 40-50 criteria validated;
 - 3.2.2. Certified Bronze: 51-65 criteria validated;
 - 3.2.3. Certified Silver: 66-80 criteria validated; and at least 1 for each of the domains;
 - 3.2.4. Certified Gold: 81-90 criteria validated; and at least 2 for each of the domains;
 - 3.2.5. Certified Platinum: 91-100 criteria validated; and at least 3 for each of the domains;



INTERNATIONAL
UNIVERSITY
SPORTS
FEDERATION

CERTIFICATE

FISU – International University Sports Federation certifies the

University of Lausanne

UNIL - Centre Unicentre 1015 Lausanne, Switzerland

with the

FISU HEALTHY CAMPUS PLATINUM LABEL

in the domain of physical activity and sport, mental and social health, nutrition, disease prevention, risk behaviour, environment, sustainability and social responsibility, and management of the programme, meets the requirements of the standard.



Leonz EDER
FISU Acting President

Eric SAINTROND
FISU General Secretary

Date: 27 May 2022

FISU Quartier UNIL-Centre, Bâtiment Synathlon, 1015 Lausanne, Switzerland





Better Universities with better prepared generations
 Better Well-Being
 Better World



Investigation, Recommendations, Good Practices, Benchmarking...



Healthy Campus Programme is aligned with SDGs 2030 established by the UN to build a better world for people and our planet, as well the guidelines of the Kazan Action Plan (UNESCO) and the Global Action Plan on Physical Activity 2018- 2030 (WHO).



WHY SIGN UP?

Top 5 reasons



Work towards **UN SDGs** in an organized manner & get into leading university rankings.



Learn **best practices** from major universities around the world.



Encourage **cohesion and coordination** among all your departments & services.



Put a stop to '*drop out*' trends and help the students **love campus life**.



Improve the image and **credibility** of your university with the certified international label.



FISU@FISU.NET / WWW.FISU.NET / WWW.FISU.TV

How can universities register and participate? Log onto www.fisuhealthycampus.sport to find out.



FISU HEALTHY CAMPUS

Best Practices 2021

FISU Health

Country	City	Year
Italy	Rome	2021
Spain	Madrid	2021
France	Paris	2021
Germany	Berlin	2021
United Kingdom	London	2021



FISU

International
Federation of
University Sports

www.fisu.org

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UNIVERSITY OF THE ALGARVE

WEBSITE [HTTPS://WWW.UALG.PT/PT](https://www.ualg.pt/pt) CONTACT PERSON ALEXANDRA TEODÓSIO – VRATEODOSIO@UALG.PT

-  **Name of the project**
UAlg+Healthy-Plastic
-  **Domain**
Environment, sustainability and social responsibility
-  **Criteria**
#96 The university shall develop partnership plan with external stakeholders to implement social responsibility activities and promote social inclusion and cohesion.
-  **Keywords**
Sea protection, Nature rights, Migration of Climate change, Healthy habits of enjoying nature
-  **Target & Stakeholders**
Students, staff and regional stakeholder
-  **Time & Frame**
All year
-  **Team & Staff**
UAlg R&D, V+, Social Action Services

 **Description**
Actions: 1. Return all the material used in bars. 2. Bring your own mug to drink, coffee or tea in bars. 3. Use the special plastic deposit to collect material for art projects. 4. Go to marine litter clean action. 5. Do the Seahorse itinerary Bortaloll.

 **Main Goals**
"UAlg+Healthy-Plastic" campaign - to contribute to a future "Plastic free" ocean and for a more sustainable environment for all of us and for future generations, contributing to reduce climate change effect, by the reduction of single use plastic.

 **Motivation & Vision**
UAlg is deeply committed to teach and research marine science and environmental sustainability. Our research already produced evidence of impacts of plastics in the whole Ocean trophic web, including humans.

 **Evaluation**
All UAlg's services adopted the initiative. Researchers and Students have joined well, and they have organising ways to spread the impact. Number of bar, restaurants, cantinas that joint the initiative inside and outside the University of Algarve campus.

 **Lessons learned**
UAlg+Healthy-plastic showed that behaviours inside campus have impacted the surrounding societal ecosystem. Good practices shared by from UAlg are more easily adopted in an inclusive way.

 **Recommandations**
It is necessary to close the tap source of plastic litter in the oceans: the human use. More campaigns to REDUCE PLASTIC LITTER are urgent due to the direct negative impact in fisheries food resources, and the whole PLANET.



Poster UALG + Saudavel - Plástico



Urban Art with Marine Plastic Waste



UNIVERSITY OF JOHANNESBURG
WEBSITE WWW.UJ.AC.ZA

Name of the project
UJ Clean Up Campaign

Domain
Environment, sustainability and social responsibility

Criteria
#99 The university shall plan, implement and evaluate specific actions to improve the sustainability and use of infrastructure and resources.

Keywords
Clean-up, Environment, Environmental Sustainability, No Littering, Clean Up Campaign, Recycle

Target & Stakeholders
Students and Staff

Time & Frame
Weekly

Team & Staff
Students, Staff, Operations Department, City of Johannesburg Municipality

Description
The UJ Clean Up campaign is aimed at keeping the campuses clean and raising awareness on clean working and teaching and learning environments. The materials picked up are placed in specified recycle bins. All staff and students are involved.

Main Goals
To keep a healthy, clean environment. To teach the campus community to respect the environment. To encourage people to recycle plastics, bottles & other waste materials. To encourage the campus community to make UJ a cleaner & sustainable environment.

Motivation & Vision
Keeping a clean studying, working and living environment is important for individual and collective well-being. Clean environments are not only important for people, but they are also important for the natural ecosystem.

Evaluation
Many people have stopped littering. People have adopted the use of bins provided.

Lessons learned
People find it embarrassing to throw away plastics in open spaces. The Clean Up campaign has improved the quality of life on campuses.

Recommendations
All persons must be encouraged to use bins provided in public spaces. Littering should be punishable if found/caught in the act.





Clean Up campaign at UJ



Clean Up campaign partnership with the City of JHB



Clean Energy Initiatives

EVALUATION AND AUDIT REPORT
FISU Healthy Campus Programme



Date 2021-10-30

Audited University:	MU – Murdoch University – Australia			
	Address: 90 South St, Murdoch -6150, Perth, Australia			
	University Institutional Responsible: Romy Lawson University Operational Responsible: Aaron Angel			
	Evaluator/Auditor: Fernando Parente Evaluator/Auditor: Ivo Carvalhosa			
	Year/Month of registration in the programme: 2020/June			
	Evaluation Report <input checked="" type="checkbox"/>			
	Audit Report <input type="checkbox"/>			
Scope of the audit:	Healthy Campus Management System, Events, Services Planning and production in the following areas: - Healthy Campus Management; - Physical Activity and Sport; - Nutrition; - Disease Prevention; - Mental and Social Health; - Risk Behaviour; - Environment, Sustainability and Social Responsibility			
HEALTHY CAMPUS STANDARD CRITERIA (2020)	VC	NC	IO	BP
1. Healthy Campus Management (33)	7	-	-	-
1.1. Context, literature and needs (4)	-	-	-	-
1.2. Leadership (4)	-	-	-	-
1.3. Vision, strategy and action plan (3)	-	-	-	-
1.4. Role and responsibilities (3)	-	-	-	-
1.5. Resources (3)	1	-	-	(#17)
1.6. Communication (2)	1	-	-	(#18)
1.7. Stakeholders and network (4)	2	-	-	(#26)
1.8. Events, programmes and activities (5)	3	-	-	-
1.9. Evaluation and improvement (5)	-	-	-	-
2. Physical Activity and Sport (33)	22	-	-	(#46) (#48) (#65) (#60) (#62)
3. Nutrition (8)	3	-	-	(#71)
4. Disease prevention (7)	4	-	-	(#80)
5. Mental and social health (8)	8	-	-	(#87)
6. Risk behaviour (6)	3	-	-	(#93)
7. Environment, sustainability & social responsibility (6)	5	-	-	(#96) (#97)
Total (100)	52	-	-	-

VC: Validated criteria
NC: Nonconformities
IO: Improvement Opportunities
BP: Best Practices

Management	SDG Achieved	Physical activity and sport	SDG Achieved	Nutrition	SDG Achieved	Disease prevention	SDG Achieved	Mental and social health	SDG Achieved	Risk behaviour	SDG Achieved	Environment, sustainability and social responsibility	SDG Achieved
1	-	34	-	67	3,4	75	-	82	3	90	3	95	1,2,3,10
2	-	35	16,17	68	-	76	-	83	3	91	-	96	17
3	-	36	16,17	69	-	77	3	84	3,4	92	-	97	3,15
4	-	37	-	70	-	78	-	85	3,4	93	3,5,16	98	3,6,7,12,13,14,15
5	-	38	-	71	2,3,6	79	3	86	3	94	3,5,11,16	99	6,7,9,11,12,13,17
6	-	39	-	72	2,3,4,16	80	3	87	3			100	-
7	-	40	9,10,17	73	-	81	3	88	3				
8	-	41	9,10,17	74	-			89	3				
9	-	42	9,10,17										
10	-	43	9,17										
11	-	44	3,9,10,16										
12	-	45	9,10,17										
13	-	46	3,4,10										
14	-	47	-										
15	-	48	3,4,10										
16	-	49	-										
17	8,11,16,17	50	3,4,10										
18	16,17	51	-										
19	-	52	-										
20	-	53	3,4										
21	-	54	3,4										
22	16,17	55	16,17										
23	16,17	56	16,17										
24	-	57	16,17										
25	-	58	16,17										
26	16,17	59	-										
27	3,4,5,6,7,10,11,12,13,14,15,16,17	60	4										
28	1,16,17	61	4,11,16,17										
29	-	62	3,4,16										
30	-	63	3,10										
31	-	64	3,4,10,11										
32	-	65	-										
33	-	66	-										



Fees

The **certification process** fees are as follow for the first 2 years **cycle**

- € 1,000 first year, self evaluation
- € 3,000 2nd year, audit

See what is included in your exclusive program access:

- FISU Healthy Campus Platform and standard document
- Consulting good practices
- Certification process technical support and monitoring
- An online training session (Healthy Campus and Auditors Programme)
- Annual self-assessment report (first year of each cycle)
- Local audit and report (second year of each cycle)
- Certification diploma
- Certification plate per campus
- Advantageous conditions to access to FISU educational and training events in

- Offers a 50% fee discount in the second year of each Healthy Campus cycle for universities, if the NUSF and the national government agree on a MoU with FISU, establishing this programme as a national development factor for well-being in higher education institutions of the country;



Each University will nominate 2 auditors

The background is a solid dark blue color. On the left side, there are several overlapping, curved, light blue shapes that resemble stylized waves or a fan-like pattern, creating a sense of movement and depth.

Thank you

www.fisu.net/healthy-campus