

STAFF TRAINING

“UFIT Leaders in Inclusive Innovation and Transformation in Sport and Fitness”



PROGRAMME

MONDAY 16 APRIL

All Day	Arrivals
18h00/19h00	Welcome at the Hotel Lobby <ul style="list-style-type: none">• Introduction of participants and host• Practical Information
19h00	Dinner & Social Activity

TUESDAY 17 APRIL

9h30/11h00	Presentations & Ice Breakers <ul style="list-style-type: none">• Welcome & Introductions• Ice Breakers & Presentations
11h00/11h30	Coffee Break
11h30/13h00	Keep Calm & Be Inclusive <ul style="list-style-type: none">• Explore the scope of inclusion• Sustainable Development Goals & Sport
13h00/14h00	Lunch Break
14h00/15h30	Universal Fitness Innovation & Transformation <ul style="list-style-type: none">• Introduction to UFIT• Universability• Introduction to Universal Transformational Management Framework (UTMF)
15h30/16h00	Coffee Break
16h00/17h30	Boost Your UniversAbility <ul style="list-style-type: none">• Universability Audit• Examples of Inclusive Practice
17h30/19h00	Leisure Time
19h00	Dinner

WEDNESDAY 18 APRIL

9h30/11h00	Make Your Club Reflect Your Community <ul style="list-style-type: none">• Community-based Approach• Collaboration with disability service providers• UFIT Action Plan• Exploring Innovation & Transformation
11h00/11h30	Coffee Break
11h30/13h00	Practical Session in the Gym
13h00/14h00	Lunch Break
14h00/15h30	Inclusion in Practice <ul style="list-style-type: none">• Practical Session• Application of Exercise Adaptation Model
15h30/16h00	Coffee Break
16h00/17h30	Inclusion in Practice <ul style="list-style-type: none">• Partnership, Advocacy & Marketing #LoveDiversity• Proposal UFIT Academics• Marseille Declaration• Evaluation of the Event

CONTACTS

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REGISTRATIONS

www.enas-sport.net

17h30/19h00 Leisure Time

19h00 Dinner

THURSDAY
19 APRIL

All day Departures

Tour Ireland Limerick/Dublin Facilities