

STAFF TRAINING

“UFIT Leaders in Inclusive Innovation and Transformation in Sport and Fitness”



PRACTICAL INFORMATION

VENUE



Institute of Technology, Tralee
Dromtacker
Tralee
County Kerry
Republic of Ireland

ACCOMMODATION

The Ashe Hotel

Maine Street
Tralee
Co.Kerry

Email: info@theashehotel.ie
Web: <http://www.theashehotel.ie>
Phone: (+353) 66 7106300
Fax: (+353) 710 6290



HOW TO GET THERE

Distance from Tralee	Driving Times	KM
Kerry Airport	16 Min	17
Cork Airport	1hr 45 min	129
Shannon Airport	1hr 50 min	129
Dublin Airport	3hr 40 min	325

GET FUNDED

It may be possible to get external funding to cover your travel costs and accommodation through the Erasmus+ Staff Training budget of your own institution. Such funding has to be requested directly at your home institution and exists exclusively for non-teaching staff. Your institution may not be fully aware of this option. More information, [click here](#), or get in touch with Margo (see contact details on the left).



CONTACT

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margo@enas-sport.net

REGISTRATIONS

www.enas-sport.net

PACKING LIST

Don't forget:

- **Sports gear**
- **Your good mood ☺**

OTHER PRACTICAL INFORMATION

Medical care	E111 European Health insurance Card. In case of emergency, call 112.
Local time	GMT +0
Power	In Ireland the power sockets are of type G. The standard voltage is 230 V and the standard frequency is 50 Hz.
Weather	Weather in Tralee is quite mild during April with a very good chance of rain.
Telephone	+353
Currency	Euro, €