

## Dear ENAS members,

Welcome to the 15<sup>th</sup> ENAS Newsletter!

We hope you'll find the information provided here both informative and interesting.

As always, your news, comments and suggestions for the Newsletter are warmly welcome.

We may be sports professionals but a little creativity certainly can't hurt ENAS' vision!

## ENAS EC meeting

All EC members were present at the UAB from 14 to 15 April. Some of them loved Barcelona so much that they stayed there for a couple of days more (and the volcano dust was just an excuse)!

EC analyzed and reached conclusions about the next ENAS conference, schedule, program and other details.

EC also discussed the ENAS communication plan, finances & sponsorship, ENAS strategic plan for the next 2 years and ENAS awards. We will bring you the news of all this soon.



The next EC meeting will be held at the University of Nijmegen, The Netherlands, from 16–17 September 2010, prior to the next ENAS conference.

## 13<sup>th</sup> ENAS Conference November 2010 – Barcelona

The 13<sup>th</sup> annual ENAS conference is to take place between 3 and 7 November 2010 in Universitat Autònoma de Barcelona (ESP), Spain.



The main topic is "[Healthy Campuses and the Role of University Sport](#)".

### Subtopics:

- Health and wellbeing of university students & staff (examples of good practice), research linked to it.
- Mobilising the sedentary population: A study of obesity and physical activity levels.
- Sports services involved in health programs, case studies.
- Non-active students: How to motivate, exercise them. Psychological & marketing approaches.

Prepare yourself to be present with a poster or film, or express yourself about new ideas, new events or your sports service structure in the "Speaker's Corner"!

It will be a fantastic conference and our colleagues from the UAB are very excited about all the work it means for all, so if you haven't already registered, make sure you do it today!

## The EU Sport Forum in Madrid

The EU Sport Forum 2010 took place from 19 to 20 April in Madrid. This was the second time that the European Commission organized this key platform for dialogue on sports at the EU level.

Participants from the Olympic and sports movements, including the leading representatives from international and European sport federations, European and national sport umbrella organizations and other sports-related organizations came together to discuss topics relating to the new EU competence in the field of sports and its planned implementation.

ENAS (Duarte Lopes) was also there and the forum was very interesting, in spite of the fact that only half of delegates were present due to the volcano problem.



ENAS had the opportunity to make a contribution during the forum, because some delegates presented the idea to develop a sport-related Erasmus Program by revealing that our association unites 86 members from 19 countries and we send and receive several students and staff from our members within the Erasmus Program and some other programs each academic year. So, ENAS loves the idea of the Erasmus for Sport program and is ready to work with the European Commission and our Members and delegates present at this forum to develop this project in the near future.

Duarte also had the chance to talk to Androulla Vassiliou, European Commissioner for Sport. He introduced our network and our next conference in Barcelona to her. She was very keen about it and introduced our network to some delegates from Cyprus universities during the Forum.

## New ENAS Members

We are pleased to announce that **University of Inonu** Sport Services from Turkey has become a new ENAS Member. Welcome!



We now have **84 members from 19 countries**. ENAS still needs new members. Please do not forget to continue promoting ENAS in your country or at your partner universities.

## Sponsors

We are looking for ENAS sponsors. It can be for the next conference or for ENAS itself. Please contact Neil or Duarte if you have any ideas or suggestions on this matter!

## ENAS webpage

The ENAS webpage is going through some changes. It should be the main medium for us to communicate, so we are designing and developing the new website site as we speak.

The redesigned webpage will be relaunched soon, so have a look at it from time to time!

More information coming soon...

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